

Supporting your team.

Helping your business cope
with the impact of cancer.



Norfolk's
Cancer Charity

Since 1980



With more than 8000 people diagnosed with cancer every year across our region, there are few employers who are not affected by cancer in some way.

Organisations have a vital role to play in providing a caring and supportive work environment to improve the wellbeing of those individuals affected. The normality of everyday life is vital and the workplace is a big part of this for many.

Understanding how cancer may impact on staff and colleagues in your workplace can help you to provide them with the right support at work. For your teams, going through cancer with a colleague is something that will affect their wellbeing and a supportive work environment will make all the difference. We can help your organisation achieve this.

How can Big C help your organisation?

Emotional Support • **Practical Help** • **A Listening Ear** • **Local Knowledge**

Our cancer care and support centres across Norfolk and Waveney help ease the impact of cancer and improve wellbeing, with reliable information and practical support, as well as a listening ear, complementary therapies, and much more.



Employers can take positive action to increase awareness of cancer, supporting local awareness programmes within the workplace and educating employees on managing risk factors and symptoms.

We can help you ensure your staff wellbeing is fully supported, with a variety of support, including:

- **Talking to teams and colleagues on cancer specific subjects, e.g. symptom awareness and the different types of cancer.**
- **Supporting your HR team on topics such as the emotional and physical effects of cancer, employees returning to work and, the affect on the wider team and more.**
- **Provide support and information in helping people deal with managing end of life care.**
- **1:1 support for someone affected by cancer either at a Big C Centre or in the working environment.**

Contact us to find out how Big C can support your organisation:



0800 092 7640



www.big-c.co.uk/support



partnerships@big-c.co.uk

Norfolk's
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Since 1980



Support.
Research.
Equipment.
Education.

Cancer affects us all in different ways. We know it can be difficult.

We're here to support anyone affected by cancer. Whether you're an employer or employee, we're here for you. Whether you would like to talk in confidence, get practical information and support, or simply need a calm space.

We can help.

For more details visit:

big-c.co.uk/support

Connect with us online:   

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